

Manifested Fruit - *“Spiritual Manifestation”*

Galatians 5:16-25 (KJV)

“This I say then, *Walk in the Spirit*, and *ye shall not fulfill* the lust of the flesh.

17 *For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary* the one to the other: *so that ye cannot do the things that ye would.*

18 But **if ye be led of** the Spirit, ye are not under the law.

19 Now *the works of the flesh are manifest*, which are these; Adultery, fornication, uncleanness, lasciviousness,

20 Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies,

21 Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God.

22 *But the fruit of the Spirit is* love, joy, peace, longsuffering, gentleness, goodness, faith,

23 Meekness, temperance: against such there is no law.

24 And they that are Christ's have crucified the flesh with the affections and lusts. 25 *If we live in the Spirit, let us also walk in the Spirit”*

“If we Live in the Spirit, let us also Walk in the Spirit”

[Fruit is there before it is manifested – I am a blessed fruitful man – way before it manifest]
[The fruit of my body is blessed, property everything – I am God Fruitful!]

- * You know you can tell a lot about a person by just *watching them walk*
- * A strong, confident person will walk with there chest out and back straight, head up, eyes forward and with a long sure stride
- * A low self-esteemed person will walk many times with shoulders rounded chest inward and with a slight bend in their back eyes cast down
- * Walkers, Wheel Chairs, Crutches indicate that a person has a sickness, injury or birth defect that identifies the way they walk with assistance.
- * A professional business person has a certain swagger to their cadence when they walk
- * A street professional [in you will] – one who is street wise and gathered their degree from the streets have a defined walk
- * Military persons have a walk as do those who have been incarcerated for some time
- * Please follow me as I am not making light of anyone or profession but am drawing an illustration from different styles or forms of walking.

2.

Simply: The way we Live can many times identify our walk

- * The way we live also has a direct affect on our talk
- * Our walk defines and identifies a lot about us
- * The Bible teaches us that our “LIFE STYLE HAS A DIRECT AFFECT ON OUR SPIRITUAL WALK”

“If we live in the Spirit, let us also walk in the Spirit”

- * Look at your neighbor and ask them *“How’s your Walk”*

A lot of people today are having a terrible time
Walking in the Spirit because they are not LIVING IN THE SPIRIT!

Galatians 5: 16-18

“This I say then, **Walk** in the Spirit, and ye shall not fulfill the lust of the flesh.

17 For *the flesh lusteth against the Spirit, and the Spirit against the flesh:* and these are contrary the one to the other: so that ye cannot do the things that ye would”

So Let’s look today at what can help us DO THINGS WE SHOULD

Galatians 5:22-26 (KJV)

“22 But *the fruit of the Spirit* is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance...”

The Spirit, produces fruit - (passive) - A life of leisure

- * Fruit is a natural result of abiding in Gods vine – [John 15:1-5]
- * The branch never struggles to produce its fruit
- * As it abides in the vine and *allows the life of the vine to flow through it*, the fruit is automatically produced on the branch.

The Fruit really comes from the Root and manifest upon the vine! PT

Galatians 5: 25

“If we live in the Spirit, let us also walk in the Spirit”

In the life of the believer, the Spirit always produces fruit

Matthew 7:20 (KJV)

“Wherefore by their fruits ye shall know them”,

* Just like evil works characterize the lives of the lost, *the fruit of the Spirit* is proof of one's Salvation

* I am saved because I am getting a God Handle on the Flesh!

Galatians 5:22-26 (KJV)

“22 But *the fruit of the Spirit* is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance...”

Our relationship with God

* LOVE [brotherly love, affection, good will, love]

* JOY [gladness, the joy received from the Lord, the cause or occasion of joy]

* PEACE [the way that leads to peace (salvation) - the Messiah's peace - exemption from the rage and havoc of war]

Galatians 5:22-26 (KJV)

“22 But *the fruit of the Spirit* is love, joy, peace, longsuffering, gentleness, goodness, faith,

23 Meekness, temperance: against such there is no law.

24 And they that are Christ's have crucified the flesh with the affections and lusts.

25 *If we live in the Spirit, let us also walk in the Spirit.*

26 Let us not be desirous of vain glory, provoking one another, envying one another”

Our relationship with Others

* LONGSUFFERING [patience, endurance, constancy, steadfastness, perseverance]

* GENTLENESS [moral goodness, integrity]

* GOODNESS [uprightness of heart and life, goodness, kindness]

Now this is a tough one for us, our relationship with the Lord is one thing as we found in the Love, Joy, Peace but now... our relationship with others involves Longsuffering, Gentleness and Goodness...OH MY!

Lets take a look at the Fruit of the Spirit pertaining to our relationship with others – remember now according to Scripture we are to live in the Spirit and walk in the Spirit

Longsuffering

* New Testament Greek Word

* makroqumiva: [Phonetic Spelling mak-roth-oo-mee'-a]

* Definition: patience, endurance, constancy, steadfastness, perseverance, patience, forbearance, longsuffering, slowness in avenging wrongs

Longsuffering [Patience]

* Old Testament Word

* erek is an adjectival form derived from ' ārak (LONG)

* Meaning "long-suffering," indicating a slow-ness to anger

* Means - patience

Practical Application

God's Spirit gives the believer a patience that never gives in; that is never broken no matter what attacks it.

Pressure and hard work may fall upon us, but the Spirit of God helps us be patient under it all

* Lets pray that the Lord help us with the pressures of our work that we can have God Patience on the Job!

* How many right now really, I mean really need the Holy Spirit to help you Live this out and Walk this out!

Galatians 5:25 “If we live in the Spirit, let us also walk in the Spirit”

Longsuffering

* New Testament Greek Word

* **makroqumiva**: [Phonetic Spelling mak-roth-oo-mee'-a]

* **Definition: patience, endurance, constancy, steadfastness, perseverance, patience, forbearance, longsuffering, slowness in avenging wrongs**

Disease or accident or even the trials old age may afflict us:

but the Spirit of God helps us to be patient under it

* ***Lord help us Live and Walk in your Spirit*** during times of Disease or if an Accident comes upon us – Lord help us be patient and Life and Walk in your Spirit as we age in this life.

Discouragement and disappointment may attack us”

but the Spirit of God helps us to be patient under it

* ***Lord help me to Live and Walk in the Holy Spirit*** when the spirit of discouragement or disappointment come our way.

People may do us wrong, abuse, slander, and injure us:

but the Spirit of God helps us to be patient under it all

* ***Lord help me to Live and Walk in the Holy Spirit*** when somebody does us wrong, or abuses us or slanders us.

* Help me be patient [Long-suffering] as to bring glory and honor to you!

Significant things need to be noted about Long-suffering [patience]

* ***The Christian believer is given the power of patience*** - the power to be patient with the situation or person for a long, long time.

* **Patience** is one of the great traits of God.

* It is a fruit of God's very own Spirit, a fruit that is to be in the life of the believer

Lord help walk through the flesh stuff of life!

Galatians 5:16-25 (KJV)

“This I say then, Walk in the Spirit, and ye shall not fulfill the lust of the flesh.

17 For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would”

James 5:7

“Be patient therefore, brethren, unto the coming of the Lord. Behold, the husbandman waiteth for the precious fruit of the earth, and hath long patience for it, until he receive the early and latter rain”

Illustration 32-Year Dig Through Mountain

* Probably no similar undertaking ever paralleled, in patience and energy, that of the miner, W. H. Schmidt, who worked from 1906 to 1938 in digging a 2,000-foot tunnel through a granite mountain in Kern County, California.

* Realizing such a tunnel was the only feasible way he could transport the ore from his claim to the outside world, he was too poor to purchase modern tools or employ help.

* And so he did the job alone, equipped only with a small jackhammer, a lantern and a hand-pushed truck for removing the loosened rock. But he succeeded. [Freling Foster]

Matthew 17:20

“And Jesus said unto them, Because of your unbelief; for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto the mountain, Remove hence to yonder place, and it shall remove; and nothing shall be impossible unto you.

[21] Howbeit this kind goeth not out but by prayer and fasting”

How many of you understand that Prayer and Fasting is Physical and Spiritual Work

* The Spirit of Unbelief can hinder you Patience – [Fruit Bearing]

* Unbelief is opposite of Faith

* Patience and Faith go hand in hand / Mountains are removed!

Longsuffering, mean literally -"long of nose" (or "breathing")

* As *anger* was indicated by rapid, violent breathing through the nostrils, - we need to be "*long of anger,*" or "*slow to wrath*"

Willing to accept and bear injury

Luke 17:2-4 (KJV)

“3 Take heed to yourselves: If thy brother trespass against thee, rebuke him; and if he repent, forgive him.

4 And if he trespass against thee seven times in a day, and seven times in a day turn again to thee, saying, I repent; thou shalt forgive him.

5 And the apostles said unto the Lord, *Increase our faith*”

* Lord increase my faith!

Ephesians 4:32 (KJV)

“32 And be ye kind one to another, tenderhearted, *forgiving one another, even as God for Christ's sake hath forgiven you*”

* Longsuffering – willing to accept – this is so hard to accept and bear injury for the Lords work

Matthew 18:21-22 (KJV)

“21 Then came Peter to him, and said, Lord, *how oft shall my brother sin against me, and I forgive him?* Till seven times?

22 Jesus saith unto him, I say not unto thee, Until seven times: **but, *Until seventy times seven*” – [70 x 7 = 490 times]**

* Peter asked about forgiving a brother: is forgiveness limited?

* Jesus answered: Forgiveness is far reaching beyond your fleshly ability

* He went on to compare forgiveness: it is like the Kingdom of God

Matthew 18:35 (KJV)

“35 So likewise shall my heavenly Father do also unto you, if ye from your hearts forgive not every one his brother their trespasses”

* There is the fruit of longsuffering: patience, bearing and suffering a long time, perseverance, being constant, steadfast, and enduring

God saves Believers so that they may be examples of longsuffering

1 Timothy 1:16

"Howbeit for this cause I obtained mercy, that in me first Jesus Christ might show forth all longsuffering, for a pattern to them which should hereafter believe on him to life everlasting"

Colossians 1:11

"Strengthened with all might, according to his glorious power, unto all patience and long-suffering with joyfulness"

2 Timothy 4:2

"Preach the word; be instant in season, out of season; reprove, rebuke, exhort with all long-suffering and doctrine"

* Lord increase my faith

* Love, Joy, Peace are between me and you

* Longsuffering now it turns to others – Increase my faith

Galatians 5:22-23

"But the fruit of the Spirit is *love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance*: against such there is no law"

The second three focus *on our relationship with others*

* **LONGSUFFERING** [patience, endurance, constancy, steadfastness, perseverance]

* **GENTLENESS** [moral goodness, integrity]

* **GOODNESS** [uprightness of heart and life, goodness, kindness]

Gentleness - A sweetness of attitude

* Easy to get along with and easy to please

* That is, not always griping and complaining, but ever kind and sweet

Gentleness is merely the attitude of kindness

Gentleness

* There *is the fruit of gentleness*: it is being kind and good, useful and helpful, gentle and sweet, considerate and gracious through all situations no matter the circumstances.

A person who is gentle does not act...

- * **Hard**
- * **Indifferent**
- * **Harsh**
- * **Unconcerned**
- * **Bitter**

Luke 6:35

"But love ye your enemies, and do good, and lend, hoping for nothing again; and your reward shall be great, and ye shall be the children of the Highest: for he is kind unto the unthankful and to the evil"

Ephesians 2:4-7

"But God, who is rich in mercy, for his great love wherewith he loved us, even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;) and hath raised us up together, and made us sit together in heavenly places in Christ Jesus: that in the ages to come he might show the exceeding riches of his grace in his kindness toward us through Christ Jesus"

Romans 12:10

"Be kindly affectioned one to another with brotherly love; in honour preferring one another"

2 Peter 1:5-7

"And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge; and to knowledge temperance; and to temperance patience; and to patience godliness; and to godliness brotherly kindness; and to brotherly kindness charity "

* Lets pray: Lord help us to be Gentle – Lord that your fruit may manifest in our life – I want to be God Gentle

Our relationship with others

- * **LONGSUFFERING** [patience, endurance, constancy, steadfastness, perseverance]
- * **GENTLENESS** [moral goodness, integrity]
- * **GOODNESS** [uprightness of heart and life, goodness, kindness]

Goodness

A willingness to do good and help others : Literally, this nothing but Christian love in action

There is *the fruit of goodness* - it is being full of virtue and excellence, kindness and helpfulness, peace and consideration

He does not take advantage of any person nor does he stand by and let others take advantage.

He stands up and lives for what is right and good and just.

This means that goodness involves discipline and rebuke, correction and instruction as well as love and care, peace and conciliation

- * **A good person will not give license to evil, will not let evil run rampant**
- * **He will not allow evil to indulge itself and treat others unjustly**
- * **He will not allow others to suffer evil**
- * **Goodness steps forward and does what it can to stop and control evil**

Romans 15:14

"And I myself also am persuaded of you, my brethren, that ye also are full of goodness, filled with all knowledge, able also to admonish one another"

The last three listed focus directly on us [*on the individual*]

- * **FAITH** [conviction or belief respecting man's relationship to God and divine things, generally with the included idea of trust and holy fervour born of God Faith - a strong and welcome conviction or belief that Jesus is the Messiah, through whom we obtain eternal salvation in the kingdom of God]
- * **MEEKNESS** [gentleness, mildness, meekness]
- * **TEMPERANCE** [self-control (the virtue of one who masters his desires and passions, esp. his sensual appetites)]